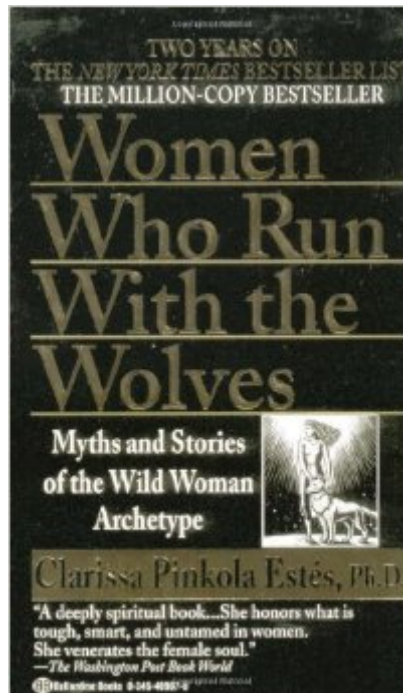


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# Women Who Run With The Wolves: Myths And Stories Of The Wild Woman Archetype



## Synopsis

UPDATED, WITH NEW MATERIAL BY THE AUTHOR "WOMEN WHO RUN WITH THE WOLVES isn't just another book. It is a gift of profound insight, wisdom, and love. An oracle from one who knows."--Alice Walker Within every woman there lives a powerful force, filled with good instincts, passionate creativity, and ageless knowing. She is the Wild Woman, who represents the instinctual nature of women. But she is an endangered species. In *WOMEN WHO RUN WITH THE WOLVES*, Dr. Est s unfolds rich intercultural myths, fairy tales, and stories, many from her own family, in order to help women reconnect with the fierce, healthy, visionary attributes of this instinctual nature. Through the stories and commentaries in this remarkable book, we retrieve, examine, love, and understand the Wild Woman and hold her against our deep psyches as one who is both magic and medicine. Dr. Est s has created a new lexicon for describing the female psyche. Fertile and life-giving, it is a psychology of women in the truest sense, a knowing of the soul. "This volume reminds us that we are nature for all our sophistication, that we are still wild, and the recovery of that vitality will itself set us right in the world."--Thomas Moore Author of *Care of the Soul* "I am grateful to *WOMEN WHO RUN WITH THE WOLVES* and to Dr. Clarissa Pinkola Est s. The work shows the reader how glorious it is to be daring, to be caring, and to be women. Everyone who can read should read this book."--Maya Angelou "An inspiring book, the 'vitamins for the soul' [for] women who are cut off from their intuitive nature."--San Francisco Chronicle "Stands out from the pack . . . A joy and sparkle in [the] prose . . . This book will become a bible for women interested in doing deep work. . . . It is a road map of all the pitfalls, those familiar and those horrifically unexpected, that a woman encounters on the way back to her instinctual self. *Wolves* . . . is a gift."--Los Angeles Times "A mesmerizing voice . . . Dramatic storytelling she learned at the knees of her [immigrant] aunts."--Newsweek

## Book Information

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## Customer Reviews

Reading the other customer reviews, I find it very interesting to see how different they are, and how different many of them are from my experience. I was surprised to read the review on this page by the woman who believes we ought to read Jung first (or instead). My experience is the opposite; when I've picked up Jung's original works I've found them tough to follow, but this book I found very accessible and useful. I don't think the comparison between the Bible and a tv evangelist is at all fair. It's more like the difference between Strunk & White and the Oxford English Dictionary. The OED is wonderful, but Strunk & White is the one that is most likely to help you become a better writer. Although I think of myself as a creative person, I tend to downplay that part of myself and to lead with my left brain, as it were. Reading this book I felt like I was being given a path to my inner wellspring. I felt that I had at last found water for a thirst I hadn't quite been able to identify until now. This book is about one's inner life. It is not a how-to book, it's not political (except in the sense that the personal is political), and I didn't feel that it over-emphasized "what's wrong with you," as another reader put it. It does continually nudge one to think about what might be wrong: many many women are cut off from their own preferences, their own inner selves, because they feel pressured to conform with societal norms. Many societal norms are, in my opinion, quite damaging and inappropriate. It is very easy in American society to get the impression that women should be seen and not heard.

Ancient cultures the world over have all had oral traditions as the roots of their literature, both for the purposes of education and entertainment. In the darkness by the fireside, story-tellers enthralled their fellow tribesmen with tales handed down through countless generations and centuries. What determines which stories are told and re-told on through the ages? Usually, they are tales which illustrate a moral value, a particular quality or a lesson that a particular society deems important. Whether it be a cautionary tale or a legend demonstrating a virtue, we get great insights into what is valued by examining the old, old stories. Until recent years with the advent of Women's Studies on university campuses, the teachings imparted to one's daughters and granddaughters were often overlooked. That glaring omission has been rectified through Clarissa Pinkola Estes' incredible

book. "Women Who Run With the Wolves" is not light reading by any means, but is a scholarly exploration of the feminine character. Has civilization tried to strangle our basic "Wild Woman" inner natures? And, if so, at what cost has the shrew been tamed? "Women Who Run With the Wolves" contains some familiar stories from our collective childhoods: The Little Match Girl and Bluebeard. But these are not the soothing, toned-down versions to read by your toddlers' bedsides. Instead, they are terrifying and real. Estes, who is both a Jungian analyst/psychologist and professional storyteller, vividly recounts the visceral details of often violent folklore. Not only are European nursery tales included, but the book is global in scope. Estes also weaves in less familiar traditions, such as stories from the Lakota Indians.

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